**Exercise 1.**

Run the descriptive stats for SAS2: somatic anxiety, worry, concentration disruption and RSSIQ: Renewed Perspective and Return Concerns variables and put the relevant information in the table below. When reporting the information, round to the 2nd decimal place (e.g., 45.32232 becomes 45.32)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Variable | Mean | Standard Deviation | Minimum | Maximum |
| SAS2- somatic anxiety | 8.02 | 3.37 | 5 | 20 |
| SAS2- worry | 9.74 | 3.54 | 5 | 20 |
| SAS2- concentration disruption | 7.62 | 2.71 | 5 | 17 |
| RSSIQ – Renewed Perspective | 4.79 | 1.42 | 1 | 7 |
| RSSIQ – Return Concerns | 3.97 | 1.67 | 1 | 7 |